

**A Vision for Adult Social Care  
Capable Communities and Active Citizens**

**Our plans for  
social care for adults**



**Easy read**

## What this document is about



We are the Government.

This document is about our plans for **Social Care** for adults.



Social care is **support** people get to do things.

For example, people may get support to

- live in their home
- get washed and dressed
- go out and about.

Staff or carers may help them do this.



We want people's support to be the best it can be.

But we think some things need to change first.

For example, we think it is wrong for the Government to tell people what to do all the time.



We think people should be able to make their own choices.



We think people in local areas should be able to decide what is right for them.

And we think people in local areas should work together to find new ways to support each other.



This will help people get the support they really want and need.



And it will make local areas better for everyone.



## Our plans for social care for adults

Here are the main things we want to happen.



## People working together in local areas

It is important that people get the support they want and need.



We think this can only happen if people in local areas can make their own choices and decisions.



We want people to get together in local areas to

- support each other
- think of good ways to give people support.



Lots of people can work together to do this.

For example,

- people who get support
- carers
- the local council
- the NHS
- other people or groups who support people.



By working together people can decide

- what support people in their local area need
- how to give people **all** the support they need.

For example, it could make someone's life better if they got support to live at home, look after their health and get a job.



Your local council needs to make sure people can work together in this way.

## Stopping problems before they start



We think that when people support each other it can stop problems before they start.



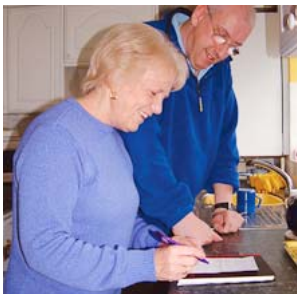
For example, it can help people feel better about their lives.

This means they may not need support in the future.



We also want to see more support that helps people for a short time if they need it.

For example, if they have been ill or something bad happens to them.



This support helps people learn the skills they need to do things by themselves.

It can stop them needing support later on.

## People choosing their own support



We want people to be able to choose the support they want and who to support them.

Other people should not make these choices for them.



A good way to make this happen is for people to be in charge of the money for their support.

The money for their support can be paid straight to them.



People can then choose and pay for the support they want.

This is called **personal budgets**.

We want lots more people to have personal budgets in the next 2 years.



And we want people to get the support they need with their personal budget.

## **Lots of good support to choose from**

Everyone should get support that is right for them.

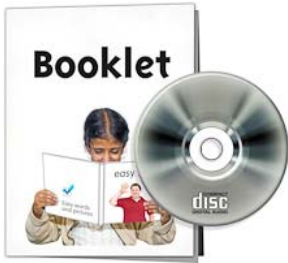


There should be lots of good support for people to choose from.



This support can come from lots of different people and groups in the local area.

We think this will make people's support much better.



## Good information and advice

We want people to get the best information and advice to help them choose their support.

This could be things like



- easy information on a website
- someone to help them say what they want
- someone to help them make choices.



## Support that works well, stops problems happening and saves money

There are some good ways to support people that can work really well and also save money.



An example of this is **Telecare**.

Telecare can help people to look after themselves more at home and keep safe.



For example, if someone falls over at home, an alarm can go off to get help for the person.



And if someone gets out of bed, the lights can come on straight away so they can see where they are going.

We want there to be more support like this.



## **Staff with the right skills and training**

Lots of staff work to give people support.



They will have to work in the right way to help people get the support they really want.

Staff will need the right training and skills for this.



We also want staff to be able to work more with

- people who get support
- their carers
- other groups in the local area.

We want them to all work together to decide what is best.

## Keeping safe



People who get support should always be safe.

But we still want them to be able to make their own choices and decisions.

People will need the right support to do this.



And everyone can help make sure people in their local area are safe.

## How we will make our plans for social care work



We are the Government. We are here to help make our plans for social care for adults happen.



But we want people in local areas to be able to make their own choices and decisions.



We think local councils are the best people to make this happen.

Your local council is a group of people who work for your local area and make big decisions about it.



Your local council can help people in your local area come together to support each other in the best way.